



## Tri-County Dental Hygienists' Society Spring Fling featuring Anne Nugent Guignon, RDH, MPH, CSP with Jila Torabi, RDH, BS

**What:** 6 CEUs, Lunch Buffet, Exhibits, Raffle

**When:** Saturday, April 7, 2018  
7:45 AM to 3:30 PM

**Early Bird Price:** \$79 before March 10<sup>th</sup> for  
CDHA members

**Where:** Ayres Lodge & Suites West  
1700 W Frontage Rd  
Corona, CA 92882

**ANNE'S UNIQUE PROGRAMS.** . . view dentistry through a different lens. Anne is passionate about creating an environment that promotes exciting careers for dental professionals. Always curious, always questioning, her unique approach has created a revolution in how we think about ourselves professionally.

### JOIN US FOR:

- cutting edge information
- an interactive and fun environment
- a fabulous raffle
- wonderful door prizes
- great exhibits
- autographs on your RDH magazine

### Fabulous Raffle! Benefiting Student Scholarships

As if an international speaker is not enough. . . Did we mention the raffle? At the conclusion of this once in a lifetime CE event, we will be raffling off a Crown Seating Modified English QAC Saddle -



Value \$775  
Tickets: One for \$10  
Three for \$25 No purchase limit!

### Spotlight on the digital epidemic: Unexpected consequences of modern day devices presented by Anne N. Guignon, RDH, MPH, CSP (1.5 CEUs)

Our lives are built around the daily use of digital devices. Today's world demands 24/7 connectivity creating a sense of immediacy that hangs like a cloud over our lives. Dental professionals are at high risk for developing a workplace-related musculoskeletal disorder. Two decades ago it would have been impossible to forecast the physical, emotional and psycho-social impact of modern day devices. Are the convenience and the connectivity adding health challenges?

Journals are filling up with alarming reports on how cell phones, tablets, laptops and desktops are changing our bodies physically and impacting our minds. Incessant usage contributes to sedentary lifestyles, sets the stage for permanent, debilitating musculoskeletal conditions, is a root cause of distracted driving, walking and job performance, and is a contributing factor to social isolation, sleep disorders and the rising rates of device addiction.

#### After today's course the dental professional will:

- recognize how digital devices contribute to poor posture and sedentary lifestyles
- understand the emotional impact of living in a world of immediacy
- appreciate how magnification, illumination and saddle seating lessen the impact of work
- adopt behaviors that reduce the emotional impact of communication activities

### Exploring the oral microbiome - Stunning revelations about how microbes actually create disease presented by Anne N. Guignon, RDH, MPH, CSP (3.5 CEUs)

Recent discoveries about polymicrobial biofilms are both disturbing and thought provoking. Dental diseases are not classic infections. New molecular techniques demonstrate caries, periodontal disease and candidiasis are manifestations of dramatic, sustained shifts in microbial ecology that overwhelm the host immune system.

Microbes once thought to be key in the oral diseases may actually play a minor role, while relatively unknown species, or even the entire microbial community, may be responsible for increased virulence, sustained acid production, enhanced inflammation and continued tissue destruction.

Homeostasis still remains the ultimate goal, but new disease concepts like dysbiosis, microbial consortiums, inflammophilic bacteria, commensal pathobionts and keystone pathogens are changing the conversation and challenging how dental disease prevention and treatments are viewed today.

**After today's course the dental professional will:**

- appreciate the difference between classic infections and dysbiosis
- discover how commensal microbes become pathobionts
- learn how enamel and dentin caries differ ecologically
- understand the role of keystone pathogens and inflammophilic microbes in periodontal disease
- recognize how prescription trays deliver and sustain 1.7% hydrogen peroxide gel in the sulcus
- learn about non-antibiotic strategies that target periodontal pathogens

**The "D" word - Demystifying periodontal diagnosis for the dental hygienist presented by Jila Torabi, RDH, BS (1 CEU)**

Periodontal disease diagnosis by the dental hygienist has been a controversial topic in dentistry. Even though dental hygienists do not "diagnose" oral conditions, their ample knowledge of periodontal disease and conditions makes them the lone expert in detecting and treating periodontitis in the general practitioner's office. This course is a brief review of periodontal disease classifications, extent and severity of periodontal disease, periodontal disease diagnosis, and treatment options according to the American Academy of Periodontology (AAP) and the American Dental Association (ADA).

**After today's course the dental professional will be able to:**

- categorize AAP and ADA periodontal disease classification for an accurate diagnosis in patient care.
- analyze the extent and severity of periodontitis through case studies.
- justify the need for accurate diagnosis of periodontal disease in the dental practice.

**Anne Nugent Guignon, RDH, MPH, CSP** is internationally recognized for her numerous clinical contributions to dental hygiene and dentistry over the last four decades. She is a practicing clinician, columnist, feature writer and Senior Consulting Editor for RDH Magazine and has authored textbook chapters on ergonomics and power driven scaling. Anne has been involved in the development and testing for a wide range of clinical products and equipment. She holds an adjunct faculty position at the University of Texas Dental School and was honored as the 2004 Philips RDH Mentor of the Year, received the 2009 ADHA Colgate Irene Newman Award, recognized in 2012 as one of the Top 25 Women in Dentistry by Dental Products Report, received the 2016 RDH Magazine Reader's Choice Most Effective Educator Award and nominated for the 2013 CNN Home Town Heroes Award. In 2015, Anne was awarded the National Speakers Association Certified Speaking



Professional Credential, the highest earned designation for professional speakers.

**Jila Torabi, RDH, BS** has worked in the field of dentistry, first as a dental assistant, for the past 15 years. She is a 2008 graduate of the Cerritos College Dental Hygiene program. She went on to earn her Baccalaureate Degree in Dental Hygiene from Loma Linda University and is currently finishing up her Master of Public Health degree from West Coast University. She is a member of ADHA, CDHA and an active member of the Long Beach component. She currently teaches Introduction to Periodontology at West Coast University.



**For more information and to register, please visit:**

<http://events.constantcontact.com/register/event?llr=ctmefwcab&oeidk=a07eezfism299040505>

